

The CONNECTION

Christian Faith Center Women's Ministries

Christian Faith Center, Nampa, Idaho

February 2009; Volume 3, Issue 1

Inside

- * Young, Married & Lovin' It!
- * Spotlight On...
- * Ladies' Night Out
- * Ladies' Bible Studies
- * Ask Sister B.
- * Mom & Me Play Day
- * In Laura's Schuhs
- * Schedule of Events

Graduates

Ladies, are you or any woman you know graduating from high school, college, or certificate programs this year? I'd like to know about it and honor you or them in the May newsletter! Call 371-4436 or e-mail eberriochoa@cfcnampa.org. Thank you!

Did you Know?

* The CFC website has a Women's Ministries page! You can find it at www.cfcnampa.org/wm_ministries.htm. Check often for news and updates on all upcoming ladies' events. You can even find this newsletter there in color!

* Women's Ministries has a department called Women's Missions. The current giving emphasis is Sister Buhler's Book of Hope "Granny Brigade," which will be ministering in South Africa April 16-27, 2009.

From Pastor Kelli's Heart



Kelli Sears

I don't know if fasting increases your sense of spiritual hearing, or if you just quiet down enough to hear what the Father has already been speaking, but it doesn't really matter. During this special time of seeking the Lord, I have been peeled back somewhat. Have you ever gone along your merry way making rational decisions, producing reasonable results, doing what comes naturally, only to find that you've been relying on human love and prideful self assurance? The longer I live, the less I feel I really have figured out! I hope that's not too real for some of you. Suffice it to say this... He is the only One I can turn to for grace and truth. My love tank runs dry without Him! My mercy toward others is short-sighted without His reminder of how He has shown me limitless mercy! My eyes are weak, and my ears are dull unless He enables me to see and to listen by the Holy Spirit! What a sweet companion! I love that new song we've been singing - "...I want to sit at Your feet, drink from the cup in Your hand...feel Your heart beat..." I'm willing to admit that the altar is the safest place for me; it always has been, and it always will be!! Let me encourage you as strongly as I dare...snuggle in close to Jesus. If you do, He will draw near to you. He has great victory for us in our everyday lives, great insight into His promises, and great joy in His presence! Hugs and blessings, Pastor Kelli

From the Editor

Worship at the Chick Connection on January 26 was the best yet. Rachel Myers (pictured in front with the guitar) led worship for the almost all-girl band. Rachel is seriously anointed by the Lord. She introduced a new song that said, "You won't relent until You have it all; my heart is Yours. Waters cannot quench this thirst. Be the fire inside of me; be the flame upon my heart." This tied in with Kelli's word that if we submit to God, we will bring down the strategies of Hell.

To make an anointed night even better, Jenn Scott spoke on stepping out of our ratty, fish-smelling 2008 boats of emotional pain, hurts, and pity. As women, we are life-givers. We are so much more than diapers, dishes, dinner, and domestic duties. We are emotionally vibrant, not intended to mope around in grayness. Let's halt our pity parties and the expectations that all good should come TO us.

Let's make 2009 about people - thank God for 2008 and the things you have learned, and then get out and step into 2009, giving



L-R: Jessica Piper, Rachel Myers, Erica Pearce

good words, deeds, money, or time. Consider how you can bless someone today. God has placed us in situations for specific purposes to bless people. Give your heart fully to the Lord and allow Him to be your flame this year! In Christ, Emily Berriochoa, Editor; eberriochoa@cfcnampa.org

Mom & Me Play Day



Katrina Olenik

Katrina Olenik is doing an awesome job as the new Mom & Me Play Day coordinator. Kids and moms enjoyed a Thankful Turkey craft in November and a Time Capsule project in January. Come on out with your 0-5 aged kids on February 19 at 9:30 am for a special Valentine's Day project, and stay tuned for the clothing swap event March 19.

Mom & Me Play Day has come up with a wonderful way to recycle those cute little outfits and provide clothing

for children and mommies of CFC. We are collecting gently used kid and mom clothing and accessories throughout the year for periodical clothing swaps that we will be hosting. We simply ask that the clothing be in good condition; there is no minimum donation or maximum amount of clothes you can take, as long as you are both generous and courteous. To donate, please contact Katrina Olenik at 453-1081 or momandmecfc@gmail.com.

In Laura's Schuhs



Laura Schuh

If you have found honey, eat only enough for YOU. Don't eat too much of it, or it will make you sick." (Proverbs 25:16)

Moderation. Is it possible? I'm going to make one of my New Year's "Solutions" to eat in moderation so as not to become "sick." This may be accomplished by not denying yourself but limiting yourself to smaller portions. You can still enjoy items like the following:

Orange Honey Muffins

- 1 C. whole wheat flour
- 3 tsp. baking powder
- 1/2 tsp. salt
- 1/2 tsp. baking soda
- 1 C. rolled oats (uncooked)
- 1 C. orange juice
- 1/3 C. HONEY
- 1 egg
- 3 Tbsp. vegetable oil
- 1 Tbsp. grated orange peel

Mix and sift flour, baking powder, salt, and baking soda. Stir in oats. Combine orange juice, honey, egg, and oil. Beat until well blended. Add with grated peel. Stir just until ingredients are mixed. (Batter will be thin.) Fill muffin tins (or paper cups) 2/3 full. Bake at 425° for about 15 minutes. Yield: 12 large muffins.



Schedule of Events

- * February 23, 7:00 pm - Chick Connection
- * March 2, 7:00 pm - Women in Ministry Summit: open to all ladies
- * March 6-7 - Pastor's Wives Retreat in Twin Falls
- * March 14, 9:00 am to Noon - CFC Leadership Summit with David Ravenhill
- * March 20, 7:00 pm - Ladies' Night Out: Third Annual "Domestic Diva" Event
- * March 23, 7:00 pm - Chick Connection
- * April 12 - Easter Sunday
- * April 27, 7:00 pm - Chick Connection

Regular Events:

- * Ladies' Bible Studies - Tuesdays, 9:30 & 10:00 am
- * Mom & Me Play Day - third Thursdays, 9:30 am
- * Chick Connection - fourth Mondays, 7:00 pm

All dates are subject to change when necessary or due to unforeseen scheduling conflicts.

Please don't forget to check your bulletins, foyer bulletin boards, and cfcnampa.org for more information on upcoming events.

Young, Married & Lovin' It!

WOW! How exciting life is as a young married couple! Between the challenges of learning how to live with the one you love, life's little adventures, and the decisions to be made for the future, being married is the ultimate roller coaster ride. Lucky for me, I love both adventures and roller coasters!

Our life together started over two years ago, and God has been our steadfast guide through the bumps. When Zeb and I were first married, our biggest challenge was reading each other. Knowing what and what not to say was at the top of our challenges. Of course, I thought I was the one who had it all together and Zeb was the one with the problem. After a few arguments, I realized I had a few faults of my own to change. Things didn't get easier right away, but there was a turning point when we started to really understand each other.

That corner was a little adventure we took in August of 2007 to Lagoon Theme Park. The road trip was so fun, and I laughed at Zeb as he held on for dear life on every ride. We teased and joked with each other all weekend. It was an amazing time for us to get away from the everyday hustle. I will cherish our time together on that trip forever.

Every day brings new challenges, which strengthen our love for each other. One challenge we have faced was the choice to have Zeb quit his job as a framer, because of the slowing economy, to become a full-time student. He started his education in January of 2008 to pursue his degree as a Registered Nurse. I am so proud of him for the hard work and long hours he puts in at school. God has blessed our choice not only financially, but mentally and spiritually as well.

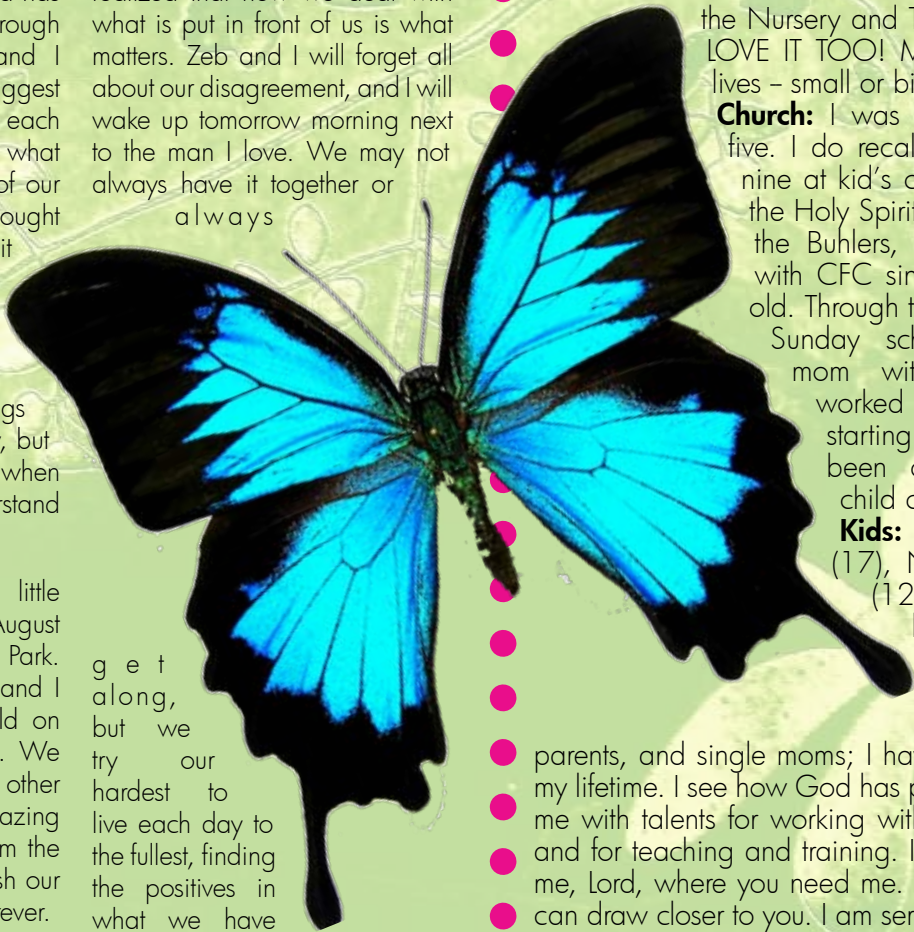
Zeb and I both are excited to see how this new journey will affect our future. I have been blessed with a great job. Although it has had its up and downs, it has allowed us to go after some of our other goals and dreams.

Marriage isn't easy, and not all the adventures are fun. As I struggled to write this, arguing with Zeb on wording and grammar, I realized that how we deal with what is put in front of us is what matters. Zeb and I will forget all about our disagreement, and I will wake up tomorrow morning next to the man I love. We may not always have it together or always

get along, but we try our hardest to live each day to the fullest, finding the positives in what we have today.

Mevery married couple is this: find a positive in the situation you are facing and pursue the amazing opportunities God has set in front of you. The roller coaster ride is well worth it!

Ilove the adventures and roller coaster rides we have been through. I look forward to what is ahead! -Whitney Dooms



Spotlight On... Julean Beavers



Married: Three years on Feb. 17
Education: One year at Northwest University; I have more experience working with children than I do education. I have a passion for

ministering to children.
Work: I work for the YMCA with kindergarteners. LOVE IT! I also work with school-age children before school. I help my husband, Roger, with our lawn mowing business. I collaborate with Katie Moen in the Nursery and Toddler area at CFC. I LOVE IT TOO! Making a difference in lives - small or big - is exciting to see.

Church: I was saved at age four or five. I do recall that at age eight or nine at kid's camp, I was filled with the Holy Spirit. Since my parents are the Buhlers, I have been involved with CFC since I was nine months old. Through the years, I have taught Sunday school classes, helped mom with children's church, worked in the church day care starting at age 13, and have been children's pastor and child care director.

Kids: Jennifer (20), Dave (17), Nikki (15), and Missy (12). My husband, Roger, has two children: Darcy (16) and Travis (13).

Ministry: My heart is with children,

parents, and single moms; I have been all of these in my lifetime. I see how God has placed me and blessed me with talents for working with children and parents and for teaching and training. I am God's vessel; use me, Lord, where you need me. Place me where others can draw closer to you. I am serving in your will so that I can grow and glorify you. Love you, Lord, with all my heart!



Chick Connection - January 26, 2009

Ladies' Night out

Due to its popularity, Ladies' Night Out for 2009 will be held every other month! In January, we had a blast watching Anita Renfro comedy clips and playing game shows about coffee and handbags. Most of all, it was downright good fellowship with the girls.

Next LNO: Make note of the special date for the Third Annual Domestic Diva Night: **March 20, 2009**, not the usual second Friday, due to scheduling conflicts. Domestic Diva Night: Doing Domestic, Fantastically Fun!



Davina Jackson

Cindi Nash



January's LNO Movie & Game Night

God's Design: Where Do I Fit?

~submitted by Sandi Anderson

**You are the Potter
 Gray, cold, and wet,
 a motionless, misshapen
 mass of clay I am
 here on Your potter's wheel, Lord.
 I am willing to be shaped,
 formed and transformed
 to become what You want me to be.
 Mold me into a vessel, Lord,
 that is fit for Your use.
 I place myself into your hands,
 for "You are the Potter."**

~Sharon Harrison Middleton



Ladies' Bible Studies

Current studies run January 6 to March 24, with new sessions starting in April.

Tuesdays, 9:30 am
 - JOY (Jesus, Others, You) Group: This is a new class taught by Rosalie Miner, based on the Titus 2 woman for all ladies who want mentoring in practical Christianity. Rosalie will be covering decorating, self-image, witnessing, self-worth, devotions, planning, schedules, list-making, budgets, fast and easy cooking, meal planning, humor, dating your husband, makeovers, reading, music, TV, hobbies, health issues, moodiness, and the roles of wives. This gathering together is a time to have adult conversation without interruption, sharing, learning

from each other, praying, and growing in Christ together. Every woman of any age is welcome.

Tuesdays, 9:30 am
 - Ephesians: Kathy Bowles is teaching from a Life Lessons Series study guide by Max Lucado. The letter to the Ephesians celebrates the beauty of the Church - the Bride of Christ - and gives us basic overviews of a Christian life.

Tuesdays, 10:00 am
 - Book of Psalms: Patricia Weech is continuing teaching through the Book of Psalms. When these gals meet at the end of the study for prayer, watch out because the hand of God moves on their behalf. This group also meets for a potluck lunch the last Tuesday of the month in the Holy Grounds Café.

Don't miss the The Connection in May for more on Rosalie Miner!

CFC Library

Evelyn Angle and Lois Percy are two of the most amazing women at CFC working quietly and tirelessly "behind the scenes" in the CFC library. They are assisted by Karen Stiehl, the procurement officer, as well as volunteers like Marilyn Tanner and Elvira Chavez, the Spanish librarian. Did you know that the library houses around 4,400 volumes, not including digital media? The library is for YOUR use and YOUR blessing, as people of CFC. Take advantage of this blessed resource!

Here's what you need to know about the library:

- * The library accepts donations of books, magazines, DVDs, bookcases, and any other types of media, puzzles, or games.
- * There is a Spanish section, as well as DVDs, videos, games, puzzles, early-learning materials, music, Bibles in every format you could desire, teacher and ministry resources, humor, reference, general living, fiction, and kids books.
- * There is a sign-up sheet on the bulletin board on the wall outside the library for popular DVDs, such as "How Great is Our God."
- * The library is a great place to get away for a quiet read in a comfortable environment.
- * Evelyn Angle offers a traveling table and revolving table-top book/media display for your use at meetings, trainings, etc. if you call her ahead of time at 695-5131.

Hours:
8:00 am - 3:00 pm Sundays
6:30 pm - 8:45 pm Wednesdays
Tuesday am, during ladies Bible studies, if staffed

Watch for information on a book sale the first part of March!